

First Steps[®] ACP Facilitator Certification

Friday, November 8, 2019 | 8 AM to 4:30 PM
 770 Kenmoor Ave SE, Suite 101, Grand Rapids, MI 49546

Respecting Choices[®] First Steps[®] Advance Care Plan (ACP) Facilitator Certification is designed for professionals such as social workers, nurses, clergy, physicians, and others involved in assisting individuals making end-of-life treatment decisions.

Purpose: To improve the effectiveness of the First Steps[®] ACP Facilitator Certification program through facilitation skills training.

Course Objectives

- A. Identify interview skills for facilitating First Steps advance care planning (ACP) conversations
- B. Identify interview skills for facilitating First Steps ACP conversations with adults with chronic illness
- C. Create strategies to communicate the plan, including the completion of an advance directive document
- D. Examine the ACP Facilitator’s role in implementing three key systems for ACP effectiveness
- E. Demonstrate beginning competency in facilitating First Steps ACP conversations through role-play activities

Prerequisites

- 1) Completion of the First Steps ACP Facilitator Online Core Modules 1-4;
- 2) An attempt at an ACP conversation with a loved one or close friend, and
- 3) Completion of a “practice” advance directive document. <http://makingchoicesmichigan.org/resources/documents>

The online component includes interactive courses intended to help you learn basic ACP concepts, allowing you to come to the course prepared for a more robust classroom experience. Contact hours for the online prerequisite are available through Respecting Choices.

To Register:

Making Choices Michigan
Attn: Meagan Zoodsma
770 Kenmoor Ave SE, Suite 101
Grand Rapids, MI 49546
616-421-4840
mzoodsma@makingchoicesmichigan.org

Registration Fee: \$260.00

Payment: Check to Making Choices Michigan or online www.makingchoicesmichigan.org/donate

Registration Deadline: Friday, November 1, 2019

Complete this registration form and return by email, or mail.

Attendee Information

Full Name (type or print)		Credentials
Employer & Position		
Work Address (street, mail station, city/ST/ZIP)		
Work email/Home email		
Work Phone/Home phone		

Registration confirmation and on-line course directions will follow.
This course has been approved for 6.5 Hour SW CE Credits and 7 Hour RN Credits

Agenda

7:30am	Registration and light breakfast
8:00	Introductions and Welcome
8:30	The Personal Engagement Activity
8:45	First Steps ACP Conversation Guide – Facilitation Skills
9:30	<i>Break</i>
10:00	First Steps ACP Conversation Guide: Healthcare agent present
11:00	Practice Exercise Role Play 1; Group Debrief
11:50	First Steps ACP Conversation Guide: Adults with Chronic Illness
12:30	<i>Lunch (provided)</i>
1:00	Practice Exercise Role Play 2; Group Debrief
1:45	First Steps ACP Conversation Guide: The CPR Conversation
2:15	<i>Break</i>
2:30	Practice Exercise Role Play 3; Group Debrief
3:00	Summary of the First Steps Conversation: Honoring Preferences & Decisions
3:20	Final Role Play
4:20	Summary and evaluation
4:30	<i>Adjourn</i>

Instructors:

Carol Robinson DNP, MS, BSN, RN, CHPN®
Certified First Step® facilitator and instructor
Community Coordinator, Making Choices Michigan

Nikketta Lewis, LMSW
Certified First Steps facilitator and Healthy Relationships programs.
Advance Care Planning Coordinator, Mercy Health Saint Mary's

Rose Seavolt, BSN, RN, CCP
Certified First, Next, & Last Step® facilitator and Next Step Organizational Faculty