

First Steps[®] ACP Facilitator Certification

Friday, August 9, 2019 | 8 AM to 4:30 PM
 770 Kenmoor Ave SE, Suite 101, Grand Rapids, MI 49546

Respecting Choices[®] First Steps[®] Advance Care Plan (ACP) Facilitator Certification is designed for professionals such as social workers, nurses, clergy, physicians, and others involved in assisting individuals making end-of-life treatment decisions.

Purpose: To improve the effectiveness of the First Steps[®] ACP Facilitator Certification program through facilitation skills training.

Course Objectives

- A. Identify interview skills for facilitating First Steps advance care planning (ACP) conversations
- B. Identify interview skills for facilitating First Steps ACP conversations with adults with chronic illness
- C. Create strategies to communicate the plan, including the completion of an advance directive document
- D. Examine the ACP Facilitator’s role in implementing three key systems for ACP effectiveness
- E. Demonstrate beginning competency in facilitating First Steps ACP conversations through role-play activities

Prerequisites

- 1) Completion of the First Steps ACP Facilitator Online Core Modules 1-4;
- 2) An attempt at an ACP conversation with a loved one or close friend, and
- 3) Completion of a “practice” advance directive document. <http://makingchoicesmichigan.org/resources/documents>

The online component includes interactive courses intended to help you learn basic ACP concepts, allowing you to come to the course prepared for a more robust classroom experience. Contact hours for the online prerequisite are available through Respecting Choices.

To Register:

Making Choices Michigan
Attn: Meagan Zoodsma
770 Kenmoor Ave SE, Suite 101
Grand Rapids, MI 49546
616-421-4840
mzoodsma@makingchoicesmichigan.org

Registration Fee: \$260.00

Payment: Check to Making Choices Michigan or online www.makingchoicesmichigan.org/donate

Registration Deadline: Friday, August 2, 2019

Complete this registration form and return by email, or mail.

Attendee Information

Full Name (type or print)		Credentials
Employer & Position		
Work Address (street, mail station, city/ST/ZIP)		
Work email/Home email		
Work Phone/Home phone		

Registration confirmation and on-line course directions will follow.
This course has been approved for 6.5 Hour SW CE Credits and 7 Hour RN Credits

Agenda

7:30am	Registration and light breakfast
8:00	Introductions and Welcome
8:30	The Personal Engagement Activity
8:45	First Steps ACP Conversation Guide – Facilitation Skills
9:30	<i>Break</i>
10:00	First Steps ACP Conversation Guide: Healthcare agent present
11:00	Practice Exercise Role Play 1; Group Debrief
11:50	First Steps ACP Conversation Guide: Adults with Chronic Illness
12:30	<i>Lunch (provided)</i>
1:00	Practice Exercise Role Play 2; Group Debrief
1:45	First Steps ACP Conversation Guide: The CPR Conversation
2:15	<i>Break</i>
2:30	Practice Exercise Role Play 3; Group Debrief
3:00	Summary of the First Steps Conversation: Honoring Preferences & Decisions
3:20	Final Role Play
4:20	Summary and evaluation
4:30	<i>Adjourn</i>

Instructors:

Rose Seavolt, BSN, RN, CCP

Certified First, Next, & Last Step® facilitator and Next Step Organizational Faculty

Nikketta Lewis, LMSW

Certified First Steps facilitator and Healthy Relationships programs.

Advance Care Planning Coordinator, Mercy Health Saint Mary's